

# Guide for Parents and Carers:

## Supporting Your Child's Learning in Early Years

### What's in the Early Years Curriculum?

The Early Years curriculum (also called 'framework') is made up of seven areas - three 'prime areas' and four 'specific areas', shown below. The prime areas are the most important ones of all. Without developing these skills, children can't make good progress in the specific areas.

The curriculum covers development from birth to age five. Nursery settings generally cover children from birth to age four and primary schools focus on the reception year (ages four to five), though some nursery settings offer reception provision as well.

#### The Prime Areas

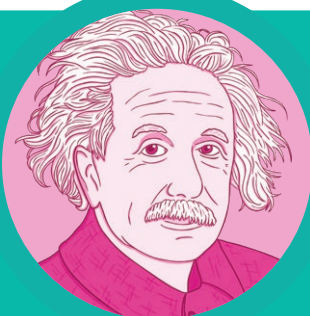
| Communication and Language             | Physical Development | Personal, Social and Emotional Development |
|--|----------------------|--|
| Listening, Attention and Understanding | Gross Motor Skills   | Self-Regulation                            |
| Speaking                               | Fine Motor Skills    | Managing Self                              |
|  |                      | Building Relationships                     |

#### The Specific Areas

| Literacy      | Mathematics        | Understanding the World         | Expressive Arts & Design         |
|---------------|--------------------|---------------------------------|----------------------------------|
| Comprehension | Number             | Past and Present                | Creating with Materials          |
| Word Reading  | Numerical Patterns | People, Culture and Communities | Being Imaginative and Expressive |
| Writing       |                    | The Natural World               |                                  |

The 'Early Learning Goal' (ELG) for each area is what a child needs to have achieved by the end of their reception year in order to be considered at the expected age-related level of development. However, all children develop at different rates. If you have concerns about your child's development in any area, speak with their class teacher.

Have fun and remember:



**“Play is the  
highest form  
of research.”**

-Albert Einstein

The EYFS framework was updated in 2020/21. You can follow the link to this document, [A Parent's Guide to the Statutory Framework for the Early Years Foundation Stage \(New EYFS 2021\)](#), which specifically discusses the changes made to the curriculum.



If you enjoyed this resource, why not try...

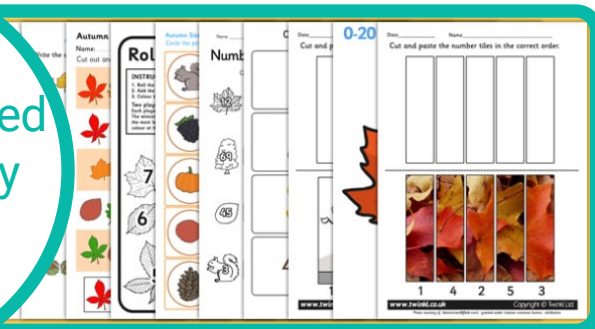
My  
Starting School  
Checklist



48 Things  
to Do Before  
You're 48  
Months Old Busy  
Booklet



Autumn-Themed  
Maths Activity  
Pack



EYFS  
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