



PE Policy

GOLDEN HILL SCHOOL PE POLICY

Recovery Curriculum

Due to the events of Covid-19, we acknowledge that there is a need for a change to the curriculum to support pupils **during** these exceptional circumstances. We understand that all pupils have had different experiences and therefore we aim to provide a flexible curriculum which will nurture and develop at the pace of the pupils.

Introduction

PE at Golden Hill aims to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing in our children now and for their future. Physical fitness is an important part of leading a healthier lifestyle. It teaches self-discipline and that to be successful you must work hard, show resilience and have the determination to believe that anything can be achieved. Our curriculum provides a broad range of experiences for our children. Physical Education at Golden Hill is ideally placed to support children's all-round development. The interactive and collaborative nature of PE at Golden Hill aims to foster self-confidence, empathy and understanding by encouraging children to work together and support each other. PE at Golden Hill hopes to encourage children to be creative & solve problems. By working together, our children can address physical and intellectual challenges while learning to communicate and manage risk and conflict.

Intent

At Golden Hill, we understand the immense value that Physical activity plays not only in supporting the PE and whole school curriculum but overall, in the day-to-day life of our school and our children. Our aims are to fulfil the requirements of the National Curriculum for PE whilst also teaching our children life skills that will positively impact on their future. We aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical activities. We want to teach children how to cooperate and collaborate with others as part of a team, understanding fairness and equity of play to embed life-long values.

Forest School is an integral part of the PE curriculum, particularly in KS1 with the majority of lessons taught outside. We want children to have the opportunity to be able to explore and learn outside throughout the year, experiencing the seasons and changing nature around them. We recognise that some of our children may not get the equal opportunities outside school to experience the outdoors and nature, therefore we want to provide these opportunities for them at Golden Hill.

Implementation

To ensure high standards of teaching and learning in PE, we implement a curriculum that is progressive throughout the whole school. When designing the curriculum for PE we ensure all our children are given opportunities to develop the knowledge and skills they need to succeed in life.

P.E. is taught at Golden Hill as an area of learning in its own right, as well as integrated where possible with other curriculum areas. It is taught through two PE lessons a week for KS2 (Swimming being one) and one lesson a week for KS1. All classes follow the PE curriculum map to ensure that all children are exposed to a variety of sports and all children develop the skills, confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

Teachers & HLTA (KS1) deliver PE with the support of the Lancs key learning documents. Classes also have the opportunity to have PE lessons delivered to them by qualified sports coaches from Sports Partnership. Sporting opportunities in the past have included fencing, non-contact boxing, dodgeball and handball.

Impact

Pupils will leave Golden Hill with the ability to select and apply tactics, skills and compositional ideas to suit activities that need different approaches and ways of thinking. The children will understand what it means to persevere, succeed and also acknowledge others success'. Pupils will take initiative, lead groups and focus on improving themselves in each session. At Golden Hill we want our children to reach their potential across a broad range of activities, lead healthy and active lives and develop a positive attitude in physical activity.